



# ANNUAL REPORT

## MSU Extension Iron County

Food • Ag • Youth • Health • Environment • Community

Since 1914, Michigan State University (MSU) Extension has helped residents in Iron County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

**11**

Programs hosted in Iron County

**513**

Participants attended programs hosted in Iron County

**102**

MSU Extension Programs (in county, online or statewide) were attended by Iron County residents

**484**

Iron County Residents attended MSU Extension Programs (in county, on-line or statewide)

**2,000**

Facebook reach

**328**

Individual class sessions attended

**7**

Submissions to Ask Extension

**6**

Programs delivered by Iron County staff

## IRON COUNTY STAFF

**1**

Consumer Horticulture Educator

**On-call**

Consumer Horticulture Program Assistant

Part-time 4-H Program Coordinator

**5**

Partnerships and Coalitions

# IRON COUNTY FOCUS AREAS

## Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy. Highlights include:

- Commercial and Residential Soil Testing
- Heroes to Hives 2022 Online Course
- Beef Quality Assurance Program
- Lawn & Garden Hotline Contacts
- Consumer Horticulture/Ask Extension
- 2022 Advanced Grazing School
- Smart Seed Starting
- U.P. Agriculture for Tomorrow Conference

## Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations. Highlights include:

- 2022 Introduction to Lakes Online
- Forest Management Basics: The Journey from Stump to Mill
- Michigan Birding 101spring course
- PRESENTATION SERIES: Gogebic and Iron County Lake Outreach

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan. Highlights include:

- UP Food Hub Feasibility Study
- Homebuyer Education
- Communicating through Conflict Webinar
- Product Center client consultations
- Fiscally Ready Communities
- Webinar: Starting a Commercial Food Business
- Online Citizen Planner

## Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce food borne diseases and become leaders in the food industry. Highlights include:

- Nutrition Education/Physical Activity Programming at Forest Park Elementary
- Senior Project Fresh Crystal Falls and Iron River
- 8 Hour ServSafe Iron County
- Preserving MI Harvest
- Stress Less with Mindfulness
- Tai Chi for Diabetes
- RELAX Alternatives to Anger
- Mindfulness for Wellbeing
- Online Chronic Pain Path Series

## 4-H Programs and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention. Highlights include:

- 4-H Exploration Days
- Shooting Sports: Instructor Certification Workshop (Archery)
- 4-H STEAM Activities for Families
- 4-H Shooting Sports State Tournament
- SPIN CLUB: Theater Workshop @ The Braumart — Ages 9 to 11
- Michigan 4-H Summer Japanese Inbound Program
- Iron County Fair



## Iron County 4-H

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

6

Clubs/Programs

61

Members

28

Adult Volunteers